Ring with rings thrown off or SCMR
Start with the center ring 2 unflipped DS. Thrown off ring: Top Wing Ring 2 - 2 - 3 - 1 - 1 - 1 - 3 - 2 - 2
2 unflipped DS on center ring. Thrown off ring: Bottom Wing 2 + 5 - 1 - 1 - 5 – 2
2 unflipped DS on center ring. Thrown off ring: Bottom Wing 2 + 5 - 1 - 1 - 5 – 2
2 unflipped DS on center ring. Thrown off ring: Top Wing Ring 2 + 2 - 3 - 1 - 1 - 1 - 3 - 2 - 2

2 unflipped DS on center ring. Close Center Ring.

Tie thread ends in square knot. Head: Split ring ( 2 / 2 )

Tie double overhand knot in each thread end for antennae. Cut to length. If desired, then add twisted cord or tatted tail at picot between bottom wings for a bookmark.

Enjoy